


Mini MANS-LD

Accessible quality of life outcome measure for people with learning disabilities

SCRIPT FOR ADMINISTRATORS

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Developed from the Maslow Assessment of Needs Scale – Learning Disabilities
(MANS-LD; Dr Paul Skirrow & Dr Ewan Perry, Mersey Care NHS Trust)

1) Overall do you feel your life is…?

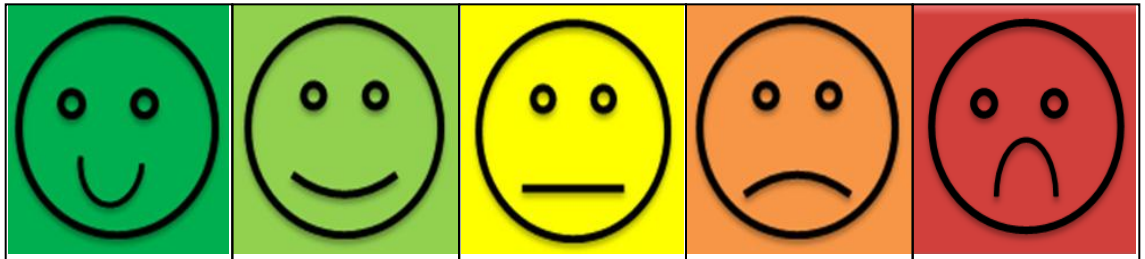
				
Very good	**Good**	**OK – neither good or bad**	**Bad**	**Very bad**

1) Overall do you feel your life is…

Scoring script:

- Overall do you feel your life is good, bad or just OK?
- If good, do you feel your life is very good or just good?
- If bad, do you feel your life is very bad or just bad?

2) Do you get on well with people you know?



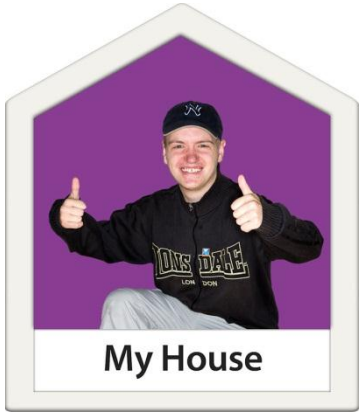
Always	Most of the time	Some of the time	Not very often	Never

2) Do you get on well with people you know?

Scoring script:

- Do you get on well with people you know like your friends, family and other people who support you? Yes or no?
- If yes, do you always get on well with them? Most of the time? Some of the time?
- If no, do you never get on well with them or not very often?

3) Are you happy with where you live?



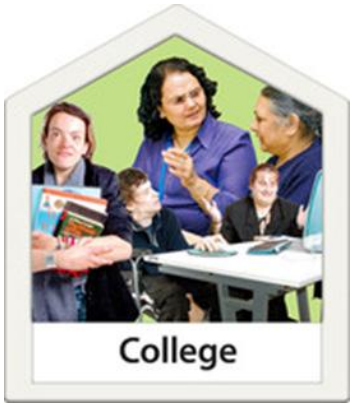
				
Very happy	**Happy**	**OK – neither happy or sad**	**Sad**	**Very sad**

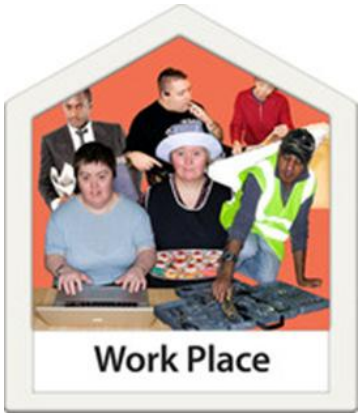
3) Are you happy with where you live?

Scoring script:

- Are you happy with where you live? Yes, no, or OK, not happy or sad?
- If yes, are you very happy with where you live or just happy?
- If no, are you very sad about where you live or just sad?

4) Are you happy with how you spend your time?





				
Very happy	Happy	OK – neither happy or sad	Sad	Very sad

4) Are you happy with how you spend your time?

Additional prompts:

- Are you happy with the things that you do such as your job or going to college?

Scoring script:

- Yes, no, or OK, not happy or sad?
- If yes, are you very happy with the things you do or just happy?
- If no, are you very sad about the things you do or just sad?

5) Do other people try to hurt you?

				
Never	Not very often	Some of the time	Most of the time	Always

5) Do other people try to hurt you?

Scoring script:

- Do other people try to hurt you? Yes or no?
- If yes, do people try to hurt you all the time? Most of the time or some of the time?
- If no, do people never try to hurt you or not very often?

6) Do you feel like hurting other people?

				
Never	Not very often	Some of the time	Most of the time	Always

6) Do you feel like hurting other people?

Additional prompts:

- Do you think about hurting other people?
- For example, when they make you angry or confused?

Scoring script:

- Yes or no?
- If yes, do you think about hurting other people all the time? Most of the time? Some of the time?
- If no, do you never think about hurting people or not very often?

7) Do you try to hurt yourself?

				
Never	Not very often	Some of the time	Most of the time	Always

7) Do you try to hurt yourself?

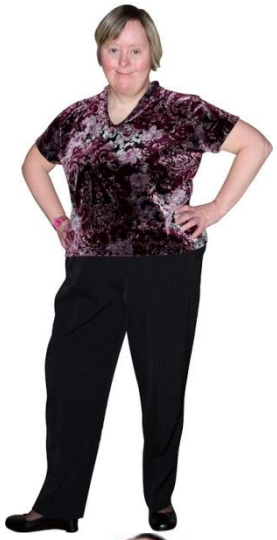
Additional prompts:

- Do you hurt yourself on purpose? Do you want to hurt yourself?

Scoring script:

- Yes or no?
- If yes, do you hurt yourself on purpose all the time? Most of the time? Some of the time?
- If no, do you never hurt yourself on purpose or not very often?

8) Can you speak up for yourself?



				
Always	Most of the time	Some of the time	Not very often	Never

8) Can you speak up for yourself?

Additional prompts:

- Can you speak up for yourself? Can you say no when you don't want to do something? Can you ask for help?

Scoring script:

- Yes or no?
- If yes, can you speak up for yourself all the time? Most of the time? Some of the time?
- If no, do you never speak up for yourself or not very often?

9) Are you doing the best you can in life?

				
Always	Most of the time	Some of the time	Not very often	Never

9) Are you doing the best you can in life?

Scoring script:

- Are you doing the best you can in life? Yes or no?
- If yes, are you doing the best you can all the time? Most of the time? Some of the time?
- If no, do you never feel you are doing the best you can or not very often?