



Mini MANS-LD

Accessible quality of life outcome measure for people
with learning disabilities

SCRIPT FOR ADMINISTRATORS

Developed by Dr Roman Raczka, Dr Kate Theodore, Janice Williams,
Hammersmith & Fulham Learning Disability Service

Developed from the Maslow Assessment of Needs Scale – Learning Disabilities
(MANS-LD; Dr Paul Skirrow & Dr Ewan Perry, Mersey Care NHS Trust)

1) Overall do you feel your life is...?



Very
good



Good



OK –
neither
good
or bad



Bad



Very
bad



1) Overall do you feel your life is...

Scoring script:

- Overall do you feel your life is good, bad or just OK?
- If good, do you feel your life is very good or just good?
- If bad, do you feel your life is very bad or just bad?

2) Do you get on well with people you know?



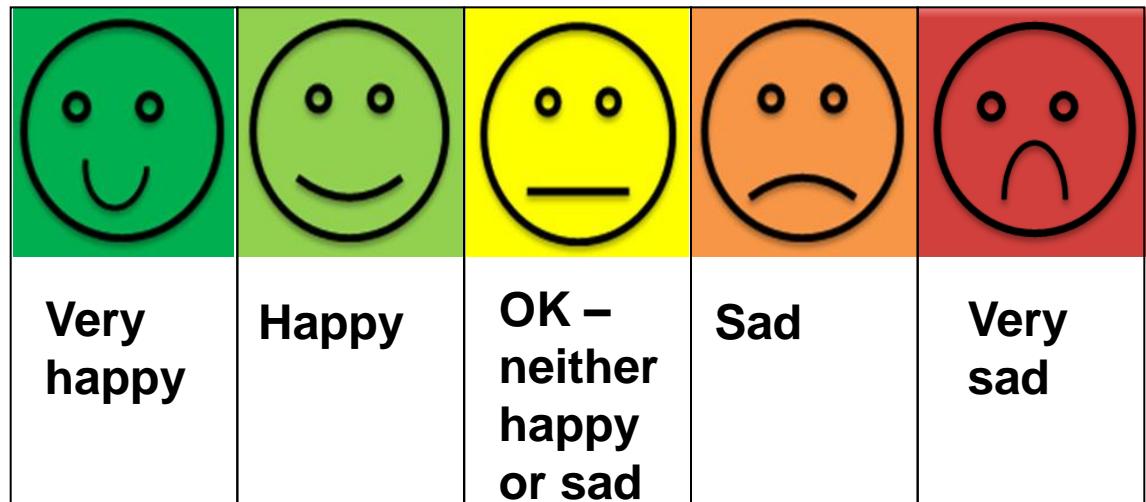
				
				
Always	Most of the time	Some of the time	Not very often	Never

2) Do you get on well with people you know?

Scoring script:

- Do you get on well with people you know like your friends, family and other people who support you? Yes or no?
- If yes, do you always get on well with them? Most of the time? Some of the time?
- If no, do you never get on well with them or not very often?

3) Are you happy with where you live?

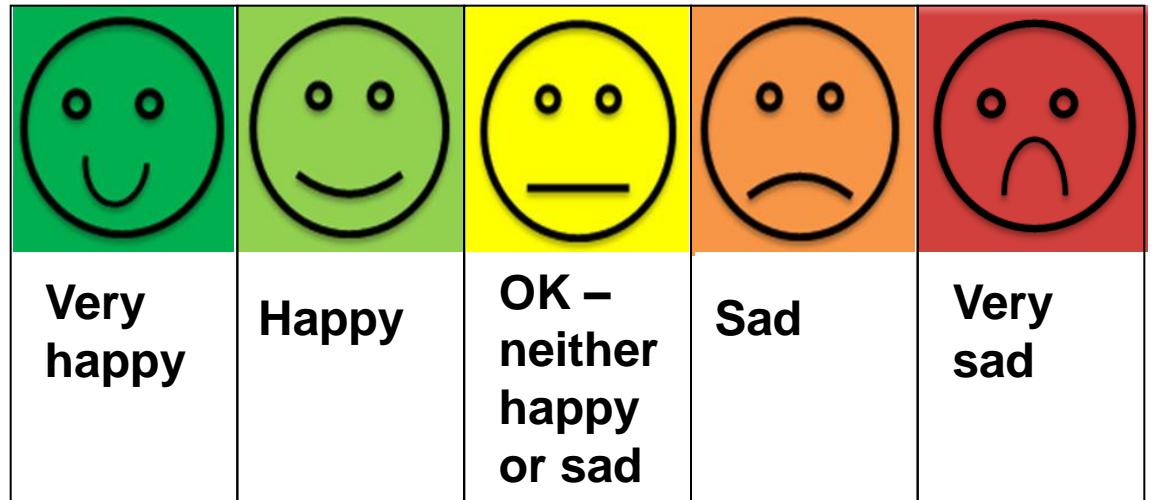


3) Are you happy with where you live?

Scoring script:

- Are you happy with where you live? Yes, no, or OK, not happy or sad?
- If yes, are you very happy with where you live or just happy?
- If no, are you very sad about where you live or just sad?

4) Are you happy with how you spend your time?



4) Are you happy with how you spend your time?

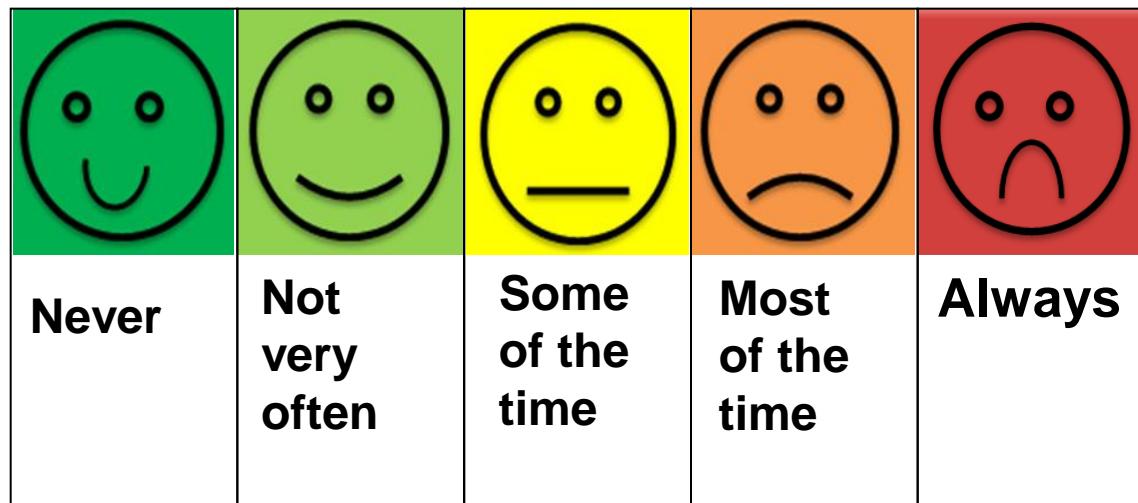
Additional prompts:

- Are you happy with the things that you do such as your job or going to college?

Scoring script:

- Yes, no, or OK, not happy or sad?
- If yes, are you very happy with the things you do or just happy?
- If no, are you very sad about the things you do or just sad?

5) Do other people try to hurt you?

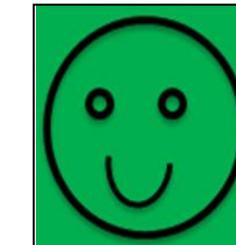


5) Do other people try to hurt you?

Scoring script:

- Do other people try to hurt you? Yes or no?
- If yes, do people try to hurt you all the time?
Most of the time or some of the time?
- If no, do people never try to hurt you or not very often?

6) Do you feel like hurting other people?



Never



Not
very
often



Some
of the
time



Most
of the
time



Always

6) Do you feel like hurting other people?

Additional prompts:

- Do you think about hurting other people?
- For example, when they make you angry or confused?

Scoring script:

- Yes or no?
- If yes, do you think about hurting other people all the time? Most of the time? Some of the time?
- If no, do you never think about hurting people or not very often?

7) Do you try to hurt yourself?



Never



Not
very
often



Some
of the
time



Most
of the
time



Always



7) Do you try to hurt yourself?

Additional prompts:

- Do you hurt yourself on purpose? Do you want to hurt yourself?

Scoring script:

- Yes or no?
- If yes, do you hurt yourself on purpose all the time? Most of the time? Some of the time?
- If no, do you never hurt yourself on purpose or not very often?

8) Can you speak up for yourself?



Always



**Most
of the
time**



**Some
of the
time**



**Not
very
often**



Never

8) Can you speak up for yourself?

Additional prompts:

- Can you speak up for yourself? Can you say no when you don't want to do something? Can you ask for help?

Scoring script:

- Yes or no?
- If yes, can you speak up for yourself all the time? Most of the time? Some of the time?
- If no, do you never speak up for yourself or not very often?

9) Are you doing the best you can in life?



Always



Most of the time



Some of the time



Not very often



Never

9) Are you doing the best you can in life?

Scoring script:

- Are you doing the best you can in life? Yes or no?
- If yes, are you doing the best you can all the time? Most of the time? Some of the time?
- If no, do you never feel you are doing the best you can or not very often?